

Our **Independent Living** programs provide **out-client** or **center based life skills coaching** and **training workshops** for current and former foster care youth. Designed for individuals ages 14 to 23, these programs focus on helping young people **build the real-world skills** and **stability** required to live on their own.

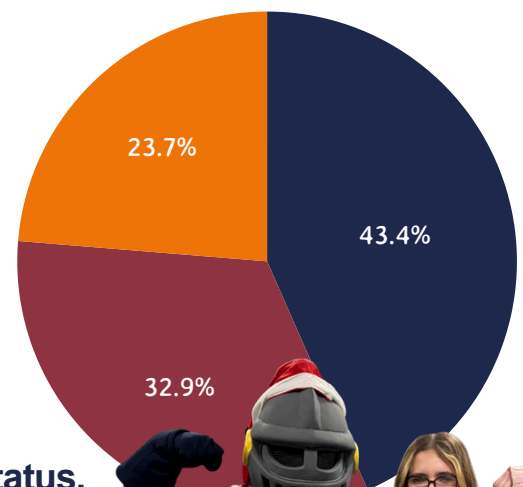
Services provided include:

- **Life Skills:** Practical training in daily living, social, educational, employment and self advocacy skills as well as financial literacy, civic engagement and navigation of the child welfare system.
- **Wellness & Prevention:** Connections with community services such as mental health support, accessible healthcare, drug and alcohol prevention, etc.
- **Education & Community:** Year-round learning opportunities and summer recreational events, as well as leadership, advocacy and peer support groups.

Our Reach

Clients Served by Region ● Southeast PA ● Central PA ● Northeast PA

- **2400** individual and parenting youth
- **10 counties** in eastern Pennsylvania



Program Completion Outcomes

74% of youth improved or maintained **housing stability**.

83% of youth improved or maintained their **educational status**.

81% of respondents learned **life skills** that have helped them to become **more independent**.

72% of youth **became employed** or **maintained employment** for 3 consecutive months.

